# **Statement of Work**

# Individual Exposure Assessment (IEA) Committee

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(Slightly modified from version presented)



# **Clearing the Smoke Relevant Conclusions**

- <u>Conclusion 1</u>: "For many diseases attributable to tobacco use, reducing risk of disease by reducing exposure to tobacco toxicants is feasible."
- <u>Conclusion 4</u>: "Currently available PREPS have been or could be demonstrated to reduce exposure to some of the toxicants in most conventional tobacco products."



Institute of Medicine (2001)

# **Clearing the Smoke Regulatory Principle 2**

"All tobacco products should be assessed for yield of nicotine and other tobacco toxicants according to a <u>method that reflects actual</u> <u>circumstances of human consumption</u>; when necessary to support claims, human exposure to various constituents of tobacco smoke should be assessed using appropriate biomarkers..."



Institute of Medicine (2001)

# **Purpose of the IEA State of the Science Review Committee**

- To describe the validity and utility of various individual exposure assessment methods as components of a comparative risk assessment framework.
- To assess the characteristics of potential users, tobacco product use behavior and aspects of product design that have the potential to influence exposure to tobacco product and tobacco smoke constituents.
- To identify relevant research gaps that, if filled, could contribute to an assessment of reduced risk.



#### **Work Products**

- Summary to the Core Committee at their October 19-20, 2005 meeting.
- Summary chapter in the RRRvw Core Committee Report by April, 2006.
- Formal report by late 2006.



# **Clearing the Smoke** Four Categories of Measures

- External exposure measures
- Biomarkers of (internal) exposure
- Biomarkers of effective dose
- Biomarkers of potential harm



Institute of Medicine (2001)

#### **External Exposure Measures**

- Cigarette smoking machine yields of substances
- Smoking topography/Cigarette puffing behavior
- Number of cigarettes smoked per day



# Biomarkers of (Internal) Exposure

"A tobacco constituent or metabolite that is measured in a biological fluid or tissue that has the potential to interact with a biological macromolecule; sometimes considered a measure of internal dose."



Institute of Medicine (2001)

#### **Potential Influences on Exposure**

- Product design
- Product use patterns
- Rate of absorption of smoke substances
- Rate of metabolism of smoke substances



Hatsukami et al. (2004)

# **Tobacco Product and Tobacco Smoke Chemistry**

- What techniques are used for generating tobacco smoke?
- What techniques are available for the chemical analysis of tobacco products and tobacco smoke?
- Have they been validated and standardized?
- How relevant are methods for characterizing exposure to actual exposures?
- What methods are in development for the chemical analysis of tobacco products and tobacco smoke?
- What and how much can these analyses contribute to an overall assessment of reduced risk?



#### **Cigarette-Yield Testing Protocols**

<u>Federal Trade Commission / International Organization</u> <u>for Standardization :</u> 35 mL puff volume, 2 second puff duration, 60 second inter-puff interval with no ventilation holes blocked.

<u>State of Massachusetts Dept. of Public Health</u> : 45 mL puff volume, 2 second puff duration, 30 second interpuff interval with 50 % of the ventilation holes blocked.

<u>British Columbia</u> – 55 mL puff volume, 2 second puff duration, 30 second inter-puff interval with 100 % blocking of ventilation holes.

#### **Smoke Analytes**

- Nicotine, 'tar', and carbon monoxide are standard Federal Trade Commission (FTC) measures.
- Other analytes have been identified by organizations, such as the U.S. Consumer Product Safety Commission and the International Agency for Research on Cancer (IARC).



# **Appropriate Comparison Products**

What are the appropriate benchmarks to which potential reduced tobacco products should be compared ?

- Kentucky reference tobacco product?
- The leading product as assessed by market share?
- Each individual smoker's brand at the time of switching to the new product?
- The lowest-risk product currently available?
- Each individual smoker's dominant brand of his or her smoking history?



#### **Characteristics of Potential Users**

- What user characteristics have the potential to influence the degree of exposure?
- What are the implications on study design?



#### **Smoking Behavior (1)**

- What measures are used to assess cigarette puffing behavior/smoking topography?
- What other measures are used to assess smoking behavior (*e.g.*, # cigarettes/day, amount of cigarette smoked)?
- What are the appropriate comparison products?
- What are the limitations of using smoking topography and other measures of smoking behavior to estimate tobacco smoke exposure?



#### **Smoking Behavior (2)**

- How do measures of cigarette puffing behavior/smoking topography relate to biomarkers of exposure?
- What and how much can cigarette puffing behavior/smoking topography and other smoking behavior measures contribute to an overall assessment of risk?
- What impact do product characteristics (*e.g.*, elasticity) have on smoking behavior?



Some Smoking Topography/Cigarette Puffing Behavior Measures

- Puff volume
- Number of puffs
- Puff duration
- Inter-puff interval
- Puff frequency
- Duration of inhalation
- Depth of inhalation
- Inhalation volume



# **Exposure to Environmental Tobacco Smoke**

- What methods have been used to acquire information on exposure to environmental tobacco smoke?
- What are the limitations of these methods for estimating exposure to environmental tobacco smoke?
- What is the relationship between biomarkers of exposure/internal dose and other information on exposure to environmental tobacco smoke?
- What can information about exposure to environmental tobacco smoke contribute to an overall assessment of a potential reduced risk product?



# Assessment of Environmental Tobacco Smoke Exposure

- Using questionnaires or interviews to determine spousal smoking status or to determine the number of hours for which the person is exposed at home, work, or elsewhere
- Measuring biomarkers
- Measuring tracer compounds specific to tobacco smoke



(National Cancer Institute 1999; Douce et al., 2001)

Some Markers of Environmental Tobacco Smoke Exposure

- Nicotine
- Myosmine
- 3 Ethenylpyridine
- Solanesol
- Scopoletin
- Total respirable suspended particulate matter



*Douce et al. (2001)* 

#### **Biomarkers of (Internal) Exposure (1)**

- What are the available biomarkers?
- Have available biomarkers been validated?
- How will exposure to substance introduced through product design changes be measured?
- What are the potential confounders and factors that can modify exposure?
- How well do they predict tobacco-related diseases?
- Are there any tobacco product or smoke constituent ratios that are conserved in human measurements?



#### **Clinical Study Design**

- What clinical study designs have been used to assess exposure/internal dose of tobacco product and tobacco smoke constituents?
- Which are likely to be most useful for evaluating reduced risk products?
- What are the advantages and disadvantages of measuring biomarkers in various biological sample matrices?
- How does the sample population of a clinical study influence the applicability of results?
- What is the appropriate duration for conducting clinical studies on exposure?



#### **Biomarkers of (Internal) Exposure (2)**

- How do current biomarkers of exposure/internal dose fall short and what is required of future biomarkers?
- What are the biomarkers of exposure/internal dose in development?
- What and how much will biomarkers of exposure/internal dose contribute to an overall assessment of reduced risk products?
- How much emphasis should be placed on these kinds of measures?



### Other Methods of Assessing Exposure

- Microarrays
- Breath Analysis
- Filter Analysis
- Are there other methods that should be considered?



# **Smokeless Tobacco Use Characteristics**

- What methods are used to assess smokeless tobacco product use behaviors?
- What are the limitations of these methods?
- What are the appropriate comparison products?
- What is the relationship between tobacco product use history measures and biomarkers of exposure/internal dose?
- What can information about tobacco product use characteristics contribute to an overall assessment of reduced risk?



#### **Research Needs**

- What uncertainties are associated with the described methods?
- What gaps, if filled, could improve individual exposure assessment?
- What are the future directions/requirements for assessing individual exposures?



# **Conclusions and Recommendations**

- What is the relative value of the various approaches used to assess individual exposure for the evaluation of exposure reduction?
- How should the measures used to assess individual exposures to tobacco product and tobacco smoke constituents inform the overall process of evaluating reduced-risk tobacco products?